

But one thing is certain, that for hard workers to forego the one day's rest in seven means decreased efficiency on the other six, as well as the eventual impairment of the worker's health. Human nature—the physical as well as the spiritual nature—needs one day in seven in which to recuperate, and Nature has her revenge on all who transgress her laws.

An interesting ceremony took place at Failsworth recently, when Sir Frederick Cawley, M.P. for Prestwich, received on behalf of the Failsworth and New Morton Nursing Association, the generous gift of a Nursing Home from the Failsworth Co-operative Society. Founded fifty years ago by the opening of a small shop, the Society, which this year celebrates its jubilee, has prospered exceedingly, and when it desired to do something lasting for the district, in celebration of its jubilee, it decided that the most appropriate way would be to present two homes—one to the Nursing Association at Failsworth and one to Newton Heath. The presentation was made by Mr. Upham, who said that the story of the Failsworth Industrial Co-operative Society was more like a chapter from the Arabian Nights than of the history of the co-operative movement.

Sir Frederick Cawley, in thanking the Society for their splendid gift, spoke warmly of the work of trained nurses, and said that medical men all over the country now recognised that nurses were a great auxiliary to their efforts, and he thought that the work of medical men would often be ineffective if it was not for the help and assistance rendered by nurses. The nursing institution was an object worthy of their consideration and support, and there could have been no better way of helping it than by the presentation of a home, as it enabled them to get the highest class assistance possible in the nursing profession.

The rapidity with which fire spreads in a district covered with gorse and underwood has been exemplified in the conflagration which devastated the Fox Hills, near Aldershot last week. A similar outbreak also occurred near the Notts Sanatorium for Consumptives, Mansfield. The gorse and bracken round the Sanatorium caught fire, and the building was for some time in danger; but, thanks to the prompt action of the nurses, who at once got a hose to work with the assistance of such patients as were able to help, the fire was kept

at bay until the arrival of the Mansfield Fire Brigade.

Another instance of effective work done by a nurse during a fire was when the Princess Christian Hospital at Sierra Leone was totally destroyed by fire, and the European and native Sisters lost the whole of their effects. It is stated in the Press by Major F. J. W. Porter, of the Royal Army Medical Corps, that it is, thanks to the coolness and heroism of one of the nursing sisters, Miss Macpherson, that no lives were lost on that occasion.

The Lord Mayor of Cardiff, Alderman Lewis Morgan, presided at the nineteenth annual meeting of the Cardiff Branch of the Queen Victoria's Jubilee Institute for Nurses, when a very interesting report was presented, and Dr. D. R. Paterson said there was a need to increase the staff, because of the growing recognition and value of skilled nursing in the city. Miss Ellinor Smith, Superintendent of Queen's Nurses in Wales, emphasised an important side of the work of district nurses, and said that the Institute wanted its nurses to be health missionaries, and to go about preaching the gospel of fresh air, sunshine, and clearness.

Lord Provost Gibson, who on Saturday last presented badges to the members of the Edinburgh district of the Territorial Force Nursing Service, in the City Chambers, Edinburgh, was able to announce that the nursing staff was complete in all the four Scottish hospitals. As President of the Territorial Association in the city, he wished to express the pleasure they had of welcoming the members of the Nursing Service, and the pleasure it gave him to present the badges.

Lord Balfour of Burleigh expressed his pleasure at being present at the inauguration of the movement, and said that he was glad to find in Scotland that the Scottish Committee, under the guidance of Lady Helen Munro Ferguson and Miss Haldane, were doing all that the authorities thought necessary. He hoped it might be a long time before the members of the Service were called up for duty, but the more remote the probability of such service being rendered the more creditable it seemed to him that people should be ready in cool moments to take the trouble of making the necessary arrangements.

Lady Helen Munro Ferguson, in thanking the Lord Provost for his presence, said that, if they were to have a Territorial Army, it must be equipped in every respect, and the medical

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